

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Atella Els**

Has successfully participated & completed the  
**5km Four Seasons @ the Cowhouse - Spring**  
held at Cowhouse Market.

**TIME 00:44:31**

**PACE 08:54/km**  
**OVERALL 41 of 74**

**GENDER 23 of 47**  
**40 - 49 4 of 11**

28 October 2018, Sun

Date



*BoutTime*

Signature

